



Kayla Newkirk

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Socials: [in](#)

Resume: [PDF](#)

CV: [PDF](#)

👤 About Me

I am a passionate mental health counselor with a strong commitment to advocacy, education, and personal growth. I hold advanced degrees in Clinical Mental Health Counseling and am pursuing a Ph.D. in Counselor Education and Supervision. My goal is to inspire and mentor the next generation of counselors while providing compassionate, evidence-based care to clients. Outside of work, I enjoy engaging in research, teaching, and contributing to the field through presentations and publications.

🏫 Education

Ph.D., Counselor Education and Supervision

University of Arkansas, Fayetteville, AR (2023-2024)

M.A., Clinical Mental Health Counseling, magna cum laude

Saint Bonaventure University, St. Bonaventure, NY (2023)

B.S., Psychology, Minor in Human Development

SUNY Geneseo, Geneseo, NY (2019)

A.A., Liberal Arts, cum laude

Cayuga Community College, Auburn, NY (2016)

💼 Experience

Limited Permit Mental Health Counselor

True Talk Mental Health Counseling, Manhasset, NY (2024-Present)

Providing individual counseling services to clients dealing with a wide range of mental health