



Kayla Newkirk

Email:

Socials:

Resume:

CV:

## About Me

I am a passionate mental health counselor with a strong commitment to advocacy, education, and personal growth. I hold advanced degrees in Clinical Mental Health Counseling and am pursuing a Ph.D. in Counselor Education and Supervision. My goal is to inspire and mentor the next generation of counselors while providing compassionate, evidence-based care to clients. Outside of work, I enjoy engaging in research, teaching, and contributing to the field through presentations and publications.

## Education

**Ph.D., Counselor Education and Supervision**  
University of Arkansas, Fayetteville, AR (2023–2024)

**M.A., Clinical Mental Health Counseling, magna cum laude**  
Saint Bonaventure University, St. Bonaventure, NY (2023)

**B.S., Psychology, Minor in Human Development**  
SUNY Geneseo, Geneseo, NY (2019)

**A.A., Liberal Arts, cum laude**  
Cayuga Community College, Auburn, NY (2016)

## Experience

**Limited Permit Mental Health Counselor**  
True Talk Mental Health Counseling, Manhasset, NY (2024–Present)  
Providing individual counseling services to clients dealing with a wide range of mental health